

**U. S. Department of Labor**

Mine Safety and Health Administration  
100 Bluestone Road  
Mount Hope, WV 25880-1000



MAR 29 2007

Mr. Chris Blanchard, Pres.  
Performance Coal Company  
P O Box 69  
Naoma, West Virginia 25140

BASE PLAN  
Mine ID No. 46-08436  
UG and Surface Areas of UG

Dear Mr. Blanchard:

Your proposed initial or revised plan of training and retraining has been reviewed for compliance with 30 CFR, Part 48, Part 75.160 and Part 77.107 as applicable and is hereby approved. You may begin using this plan effective this date. Any changes made to this approved plan must be submitted as an amendment and approved before such changes are implemented.

Three copies of this letter are supplied in order to satisfy 48.3(n) and 48.23(n). Please post one copy on the bulletin board and provide the miners' representative one copy if applicable. The third copy is to be attached to the approved training plan maintained at the mine site for MSHA inspection per 48.3(f) and 48.23(f).

Any person wishing to appeal this decision may do so by replying in writing within 30 days to: Administrator, Coal Mine Safety and Health, U. S. Department of Labor, 1100 Wilson Boulevard, Arlington, VA 22209-3939.

MSHA reserves the right to revoke approval of this program upon proof that the program has not been adhered to or the quality of the instruction is ineffective or not applicable.

Should you have any questions, please contact this office at (304) 877-3900, ext. 172.

Sincerely,

A handwritten signature in black ink, appearing to read "Robert G. Hardman". The signature is written in a cursive, flowing style.

Robert G. Hardman  
District Manager  
Coal Mine Safety and Health, District 4

Enclosures

**MSHA TRAINING PLAN**

CONTRACTOR ID:

MSHA ID: 46-08436

NEW APPROVAL

REVISION

INSTRUCTOR UPDATE

COMPANY: Performance Coal Company  
 ADDRESS: PO Box 69 CITY: Naoma

MINE: Upper Big Branch Mine-South  
 STATE: WV ZIP: 25140

PERSON RESPONSIBLE FOR HEALTH AND SAFETY AT THE MINE	NAME: Mike Vaught TITLE: Safety Director PHONE: (304) 854-1762
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**PROGRAM AREAS INCLUDED IN THIS APPROVAL REQUEST**

**UNDERGROUND MINES & SURFACE AREA OF UNDERGROUND MINE**

PART 48 A     PART 48 B     PART 75     PART 77

**SURFACE MINES**

PART 48 B     PART 77

**SURFACE FACILITY, PREPARATION PLANT, LOADOUT, ETC.**

PART 48 B     PART 77

**TRUCKER TRAINING PROGRAM**

PART 48 B     PART 77

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**ALL MSHA APPROVED INSTRUCTORS FOR THIS MINE**

NAME	SSN	COURSE CODES	MSHA USE ONLY
SEE ATTACHED			

**ATTACH EXTRA SHEET FOR ADDITIONAL INSTRUCTORS**

**NOTE: \* INDICATE INSTRUCTORS WHOES APPLICATION HAS BEEN SUBMITTED WITH THIS APPROVAL REQUEST**

APPROXIMATE NUMBER OF MINERS EMPLOYED: 45  
 MAXIMUM NUMBER OF TRAINEES PER SESSION: 30  
 LOCATION(S) WHERE TRAINING WILL BE GIVEN: Performance TRAINING ROOM AND Liberty High School and Elk Run Training Room, Old Pettus School

APPROXIMATE DATE OF ANNUAL REFRESHER: March

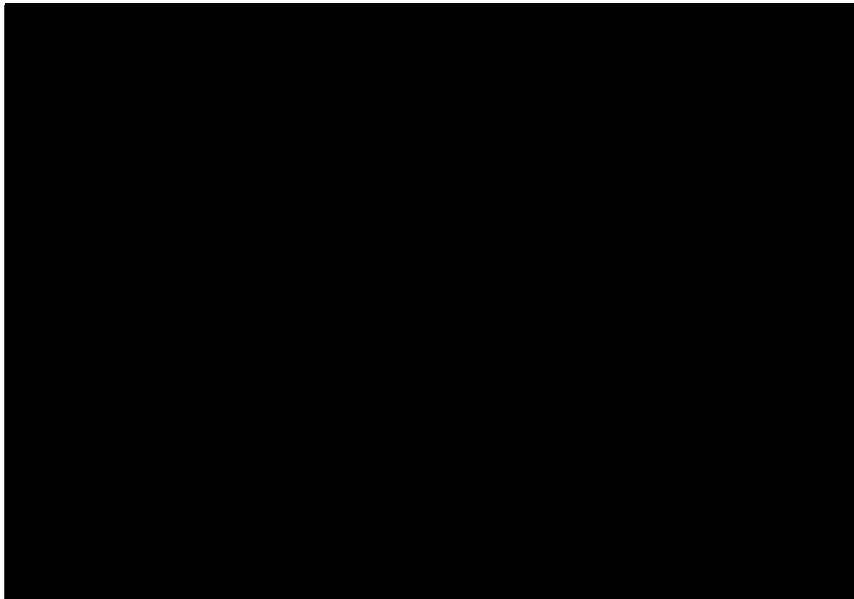
SIGNATURE OF COMPANY OFFICIAL: Mike Vaught

DATE: 01/30/07 TITLE: Safety Director



# ***PERFORMANCE SAFETY DEPARTMENT***

## **Certified Instructors**



OK



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**UNDERGROUND**

**48.5 TRAINING PROGRAM FOR NEW MINERS**

SUBJECT	OBJECTIVES	TEACHING METHODS	COURSE MATERIALS	EVALUATION METHODS
<b>STATUTORY RIGHTS OF MINERS, AUTHORITY AND RESPONSIBILITY OF SUPERVISORS</b>	<b>INSTRUCT THE EMPLOYEES IN REVIEW AND DESCRIPTION OF LINE OF AUTHORITY AND RESPONSIBILITY OF SUPERVISORS AND MINERS' REPRESENTATIVES. PROCEDURES FOR REPORTING HAZARDS, OPERATOR'S RULES.</b>	<b>LECTURE DISCUSSION</b>	<b>LAW--30 CFR &amp; STATE COMPANY POLICIES COMPANY RULES SECTION 2 OF THE ACT OT-2</b>	<b>DISCUSSION QUESTION &amp; ANSWER</b>
<b>SELF-RESCUER AND RESPIRATORY DEVICE</b>	<b>Training will include instruction and demonstration in the use, care and maintenance of the rescue and respiratory devices used at the mine. Hands on training in the complete donning of all rescue devices used at the mine, which includes assuming the donning position, opening the device, activating the device, inserting the mouth, putting the nose clip on and transferring between all rescue devices used at the mine</b>	<b>LECTURE DEMONSTRATI ON HAND-ON TRAINING</b>	<b>SELF-RESCUE DEVICE SPECIFICATIO NS. SELF- RESCUE TRAINING MODELS FOR ALL DEVICES USED.</b>	<b>DISCUSSION &amp; DEMONSTRATION. TRAINEES WILL BE EVALUATED ON THEIR ABILITY TO EFFECTIVELY DON AND TRANSFER FROM ONE SELF- RESCUER DEVICE TO ANOTHER.</b>
<b>TRANSPORTATION CONTROLS, COMMUNICATION SYSTEMS</b>	<b>TO DEMONSTRATE AND DESCRIBE METHODS OF CHECKING IN AND OUT OF THE MINE, TO DEMONSTRATE MINE PHONE AND RADIO SYSTEMS. TO DEMONSTRATE PROPER METHODS OF RIDING MINE RUBBER TIERED AND TRACK MOUNTED MANTRIPS.</b>	<b>LECTURE DEMONSTRATI ON</b>	<b>COMPANY POLICY MINE MAPS Regulations</b>	<b>DISCUSSION QUESTION &amp; ANSWER DEMONSTRATION</b>
<b>INTRODUCTION TO THE</b>	<b>TO CONDUCT MINE TOUR</b>	<b>TOUR</b>	<b>COMPANY</b>	<b>DISCUSSION</b>

<b>WORK ENVIRONMENT</b>	<b>DESCRIBING METHOD OF MINING.</b>	<b>DEMONSTRATI ON LECTURE</b>	<b>POLICY MINE MAPS</b>	<b>QUESTION &amp; ANSWER DEMONSTRATION</b>
<b>MINE MAP ESCAPEWAYS: EMERGENCY EVACUATION, BARRICADING</b>	<b>INSTRUCT THE EMPLOYEES IN: REVIEW MINE MAP, ESCAPEWAY SYSTEM FIREFIGHTING AND EMERGENCY EVACUATION PLANS IN EFFECT AT THE MINE AND LOCATION OF ABANDONED AREAS, BARRICADING MATERIAL AND METHODS OF BARRICADING.</b>	<b>DEMONSTRATI ON</b>	<b>MINE MAPS Evacuation Plans MSHA Material</b>	<b>QUESTION &amp; ANSWER DEMONSTRATION</b>
<b>ROOF CONTROL AND VENTILATION PLANS</b>	<b>INSTRUCTION ON THE ROOF CONTROL PLAN IN EFFECT AT THE MINE AND PROCEDURES FOR ROOF AND RIB CONTROL. INSTRUCTION ON THE VENTILATION PLAN IN EFFECT AT THE MINE AND PROCEDURES FOR MAINTAINING AND CONTROLLING VENTILATION.</b>	<b>LECTURE VISUAL AIDS</b>	<b>ROOF CONTROL &amp; VENTILATION PLAN COMPANY POLICY</b>	<b>DISCUSSION QUESTION &amp; ANSWER</b>
<b>HEALTH</b>	<b>INSTRUCT THE EMPLOYEES IN PURPOSE OF TAKING DUST AND NOISE MEASURES. Hazcom Program</b>	<b>LECTURE DEMONSTRATI ON</b>	<b>COMPANY POLICY TRAINING AIDS Regulations</b>	<b>DISCUSSION QUESTION &amp; ANSWER</b>
<b>HAZARD RECOGNITION</b>	<b>DESCRIBE THE IMPORTANCE OF RECOGNIZING AND AVOIDING HAZARDOUS CONDITIONS.</b>	<b>LECTURE</b>	<b>COMPANY POLICY AV AIDS</b>	<b>DISCUSSION QUESTION &amp; ANSWER</b>

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**48.5 TRAINING PROGRAM FOR NEW MINERS (CONTINUED)**

SUBJECT	OBJECTIVES	TEACHING METHODS	COURSE MATERIALS	EVALUATION METHODS
ELECTRICAL HAZARDS	DESCRIBE THE IMPORTANCE OF RECOGNIZING AND AVOIDING ELECTRICAL HAZARDS. LOCK AND TAG-OUT PROCEDURES.	LECTURE DISCUSSION	AV AIDS COMPANY POLICIES MSHA SM 9	DISCUSSION QUESTION & ANSWER
FIRST AID	INSTRUCT THE EMPLOYEES IN FIRST AID METHODS ACCEPTABLE TO MSHA.	LECTURE DEMONSTRATI ON	VISUAL AIDS TRAINING MODELS MSHA Red Cross	DEMONSTRATION QUESTION & ANSWER
MINE GASES	INSTRUCT THE EMPLOYEES IN DETECTION AND AVOIDANCE OF HAZARDS ASSOCIATED WITH MINE GASES.	LECTURE DEMONSTRATI ON	COMPANY POLICY GAS DETECTORS	DEMONSTRATION QUESTION & ANSWER
HEALTH AND SAFETY ASPECTS OF THE TASK	INSTRUCT THE EMPLOYEES IN HEALTH AND SAFETY ASPECT, MANDATORY STANDARDS PERTINENT TO SUCH TASK, SAFE OPERATING PROCEDURES.	LECTURE	COMPANY POLICY	DISCUSSION QUESTION & ANSWER
CLEAN-UP AND ROCK DUSTING	TO DESCRIBE IMPORTANCE AND PROPER WAY TO CLEAN-UP AND ROCK DUST.	LECTURE	COMPANY POLICY Regulations	DISCUSSION QUESTION & ANSWER

**NOTE: EACH NEW INEXPERIENCED MINER AS DEFINED BY 48.2 [C] SHALL RECEIVE A MINIMUM OF 40 TOTAL HOURS OF INSTRUCTION UNDER THIS PROGRAM PLUS TASK TRAINING**

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**48.6 TRAINING PROGRAM FOR NEW MINERS (EXPERIENCED)**

SUBJECT	OBJECTIVES	TEACHING METHOD	COURSE MATERIALS	EVALUATION METHODS
<p><b>AUTHORITY AND RESPONSIBILITY OF SUPERVISORS AND MINERS REPRESENTATIVES.</b></p>	<p><b>INSTRUCT THE EMPLOYEES IN LINE OF AUTHORITY, RESPONSIBILITIES, PROCEDURES FOR REPORTING HAZARDS AND OPERATOR'S RULES.</b></p>	<p><b>LECTURE DISCUSSION</b></p>	<p><b>LAW-30 CFR &amp; STATE COMPANY RULES COMPANY POLICIES MSHA OT 2</b></p>	<p><b>DISCUSSION QUESTION &amp; ANSWER</b></p>
<p><b>SELF-RESCUER AND RESPIRATORY DEVICE</b></p>	<p>Training will include instruction and demonstration in the use, care and maintenance of the rescue and respiratory devices used at the mine. Hands on training in the complete donning of all rescue devices used at the mine, which includes assuming the donning position, opening the device, activating the device, inserting the mouth, putting the nose clip on and transferring between all rescue devices used at the mine</p>	<p><b>LECTURE DEMONSTRATION HAND-ON TRAINING</b></p>	<p><b>SELF-RESCUE DEVICE SPECIFICATIONS. SELF-RESCUE TRAINING MODELS FOR ALL DEVICES USED.</b></p>	<p><b>DISCUSSION &amp; DEMONSTRATION . TRAINEES WILL BE EVALUATED ON THEIR ABILITY TO EFFECTIVELY DON AND TRANSFER FROM ONE SELF-RESCUER DEVICE TO ANOTHER.</b></p>
<p><b>TRANSPORTATION CONTROLS, COMMUNICATIONS SYSTEMS</b></p>	<p><b>TO DEMONSTRATE AND DESCRIBE METHODS OF CHECKING IN AND OUT OF THE MINE, TO DEMONSTRATE MINE PHONE AND RADIO SYSTEMS. TO DEMONSTRATE PROPER METHODS OF RIDING MINE RUBBER TIRED AND TRACK MOUNTED MANTRIPS, DIRECTIONAL SIGNS, WARNING SIGNALS</b></p>	<p><b>LECTURE DEMONSTRATION</b></p>	<p><b>COMPANY POLICY MINE MAPS</b></p>	<p><b>DISCUSSION QUESTION &amp; ANSWER DEMONSTRATION</b></p>
<p><b>INTRODUCTION TO</b></p>	<p><b>TO CONDUCT MINE TOUR</b></p>	<p><b>TOUR</b></p>	<p><b>COMPANY</b></p>	<p><b>DISCUSSION</b></p>

THE WORK ENVIRONMENT	DESCRIBING METHOD OF MINING.	DEMONSTRATION LECTURE	POLICY MINE MAPS	QUESTION & ANSWER DEMONSTRATION
MINE MAP, ESCAPEWAYS; EMERGENCY EVACUATIONS, BARRICADING	INSTRUCT THE EMPLOYEES IN: REVIEW MINE MAP, ESCAPEWAY SYSTEM FIREFIGHTING AND emergency evacuation plans in effect at the mine and the location OF ABANDONED AREAS, BARRICADING MATERIAL AND METHODS OF BARRICADING.	LECTURE DEMONSTRATION	COMPANY POLICY MINE MAPS Evacuation Plans	DISCUSSION QUESTION & ANSWER DEMONSTRATION
ROOF CONTROL AND VENTILATION PLANS	INSTRUCTION ON THE ROOF CONTROL PLAN IN EFFECT AT THE MINE AND PROCEDURES FOR ROOF AND RIB CONTROL. INSTRUCTION ON THE VENTILATION PLAN IN EFFECT AT THE MINE AND PROCEDURES FOR MAINTAINING AND CONTROLLING VENTILATION.	LECTURE VISUAL AIDS	ROOF CONTROL & VENTILATION PLAN COMPANY POLICY	DISCUSSION QUESTION & ANSWER
MANDATORY HEALTH & SAFETY STANDARDS	MANDATORY HEALTH AND SAFETY STANDARDS PERTINENT TO THE ASSIGNED TASKS. Hazcom Program	LECTURE	COMPANY POLICY CFR30 and State	DISCUSSION QUESTION & ANSWER
HAZARD RECOGNITION	DESCRIBE THE IMPORTANCE OF RECOGNIZING AND AVOIDING HAZARDOUS CONDITIONS.	LECTURE Mine Tour	COMPANY POLICY	DISCUSSION QUESTION & ANSWER

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CONTINUED**

**48.6 TRAINING PROGRAM FOR NEW MINERS (EXPERIENCED)**

SUBJECT	OBJECTIVES	TEACHING METHOD	COURSE MATERIALS	EVALUATION METHODS
EMERGENCY MEDICAL PROCEDURES	COMPANY MINE LOCATING MEDICAL SUPPLIES AND EMERGENCY COMMUNICATION SYSTEMS	LECTURE DISCUSSION AUDIO/VIDEO	VISUAL AIDS COMPANY POLICY MINE MAPS Emergency Communication Procedures	DISCUSSION QUESTION & ANSWER
PREVENTION OF ACCIDENTS	MSHA TRAINING MODULES, COMPANY SAFETY RULES, AND ACCIDENT REPORTS.	LECTURE DEMONSTRATI ON AUDIO/VIDEO	VISUAL AIDS COMPANY POLICY Accident Reports	DISCUSSION QUESTION & ANSWER DEMONSTRATION
HEALTH AND SAFETY ASPECTS OF THE TASKS TO WHICH THE EXPERIENCED MINER IS ASSIGNED	MSHA TRAINING MODULES, APPLICABLE EQUIPMENT/TOOLS, AND TASK TRAINING OUTLINE FOR JOB	LECTURE DEMONSTRATI ON VISUAL AIDS	COMPANY POLICY VISUAL AIDS	DISCUSSION QUESTION & ANSWER DEMONSTRATION
HEALTH	MSHA TRAINING MODULES, NOISE METERS, DUST PUMPS, WARNING LABELS, MSDS, HEALTH PLANS IN EFFECT AT THE MINE, AND PERSONAL PROTECTIVE EQUIPMENT. Hazcom PROGRAM	LECTURE VISUAL AIDS AUDIO/VIDEO	COMPANY POLICY Regulations	DISCUSSION QUESTION & ANSWER DEMONSTRATION

**Note: Training for 48.6 will depend on the size of the operation. Training will last a minimum of 8 hours for miners returning mining after an absence of 5 years.**

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**48.7 TASK TRAINING PROGRAM**

TASK/JOB TITLE	METHODS AND MATERIALS	CONDUCTED BY	PRACTICE PERIOD	EVALUATION METHODS
MOBILE EQUIPMENT OPERATORS	INSTRUCTION ON HEALTH AND SAFETY ASPECTS OF TASKS. INSTRUCTION IN SAFE OPERATING PROCEDURES OF TASK IN ON-THE-JOB ENVIRONMENT. Hazcom Program	EXPERIENCED/ QUALIFIED WORKER OR SUPERVISOR	COMMENSURATE WITH EMPLOYEES ABILITY	OBSERVATION OF SAFE OPERATION PROCEDURES
NON-MINING EQUIPMENT OPERATORS	INSTRUCTION ON HEALTH AND SAFETY ASPECTS OF TASKS. INSTRUCTION IN SAFE OPERATING PROCEDURES OF TASK IN ON-THE-JOB ENVIRONMENT	EXPERIENCED/ QUALIFIED WORKER OR SUPERVISOR	COMMENSURATE WITH EMPLOYEES ABILITY	OBSERVATION OF SAFE WORKING PROCEDURES

**NOTE:** A QUALIFIED TRAINER WILL GIVE TRAINING OR OTHER PERSON EXPERIENCED IN THE TASK. A TASK LIST WILL BE COMPLETED. OBSERVATION PROCEDURE WILL BE USED TO EVALUATE THE EFFECTIVENESS OF THE TRAINING. TRAINING PROCEDURES ARE AVAILABLE AT MINE SITE FOR INSPECTION. INSTRUCTION WILL BE GIVEN IN THE HEALTH AND SAFETY ASPECTS AND THE SAFE OPERATING PROCEDURES OF THE TASK. TRAINING WILL BE GIVEN IN AN ON-THE-JOB ENVIRONMENT AND SUPERVISED PRACTICE DURING NON-PRODUCTION OR DIRECT AND IMMEDIATE SUPERVISION DURING PRODUCTION. PERSONNEL ASSIGNED A NEW TASK NOT INCLUDED ABOVE WILL RECEIVE INSTRUCTION IN THE SAFETY AND HEALTH ASPECTS AND SAFE WORK PRACTICES OF THE TASK.

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OR MORE AT THIS MINE**

**48.8 ANNUAL REFRESHER TRAINING FOR MINERS WHO HAVE BEEN EMPLOYED 12 MONTHS**

SUBJECT	OBJECTIVES	TEACHING METHODS	COURSE MATERIALS	EVALUATION METHODS
<b>BARRICADING</b> Emergency Evacuation	<b>REVIEW OF THE METHODS OF BARRICADING AND LOCATIONS OF BARRICADING MATERIALS, WHERE APPLICABLE. Mine Emergency Evacuation Plan will be taught</b>	<b>LECTURE DISCUSSION</b>	<b>VISUAL AIDS COMPANY POLICY MSHA Material</b>	<b>DISCUSSION QUESTION &amp; ANSWER</b>
<b>SELF-RESCUER AND RESPIRATORY DEVICE</b>	<b>Training will include instruction and demonstration in the use, care and maintenance of the rescue and respiratory devices used at the mine. Except for the miners that receive training under 75.1504 the training will include hands on training in the complete donning of all rescue devices used at the mine, which includes assuming the donning position, opening the device, activating the device, inserting the mouth, putting the nose clip on and transferring between all rescue devices used at the mine</b>	<b>LECTURE DEMONSTRATI ON HAND-ON TRAINING</b>	<b>SELF-RESCUE DEVICE SPECIFICATIO NS. SELF- RESCUE TRAINING MODELS FOR ALL DEVICES USED.</b>	<b>DISCUSSION &amp; DEMONSTRATION. TRAINEES WILL BE EVALUATED ON THEIR ABILITY TO EFFECTIVELY DON AND TRANSFER FROM ONE SELF- RESCUER DEVICE TO ANOTHER.</b>
<b>TRANSPORTATION CONTROLS COMMUNICATION SYSTEMS</b>	<b>TO DEMONSTRATE AND DESCRIBE METHODS OF CHECKING IN AND OUT OF THE MINE, TO DEMONSTRATE MINE PHONE AND RADIO SYSTEMS. TO DEMONSTRATE PROPER METHODS OF RIDING MINE RUBBER TIERED AND TRACK MOUNTED MANTRIPS, DIRECTIONAL SIGNS, WARNING SIGNALSDIRECTIONAL SIGNS AND WARNING SIGNALS.</b>	<b>LECTURE DEMONSTRATI ON</b>	<b>COMPANY POLICY MINE MAPS</b>  RECEIVED EDUCATION AND TRAINING Feb 10 2007 MOUNT HOPE, WV MSHA	<b>DISCUSSION QUESTION &amp; ANSWER DEMONSTRATION</b>
<b>EXPLOSIVES</b>	<b>INSTRUCTION IN THE USE,</b>	<b>LECTURE</b>	<b>COMPANY</b>	<b>DISCUSSION</b>

	<b>TRANSPORTATION AND STORAGE OF EXPLOSIVES. REVIEW HAZARDS OF EXPLOSIVES.</b>		<b>POLICY LAW-30 CFR &amp; STATE</b>	<b>QUESTION &amp; ANSWER</b>
<b>PREVENTION OF ACCIDENTS</b>	<b>A REVIEW OF ACCIDENTS AND CAUSES OF ACCIDENTS, AND INSTRUCTION IN ACCIDENT PREVENTION IN THE WORK ENVIRONMENT.</b>	<b>LECTURE</b>	<b>COMPANY POLICY ACCIDENT RECORDS</b>	<b>DISCUSSION QUESTION &amp; ANSWER</b>
<b>Roof, Ground Control and Ventilation Plans</b>	<b>INSTRUCTION ON THE Roof and Ground CONTROL Plans IN EFFECT AT THE MINE AND PROCEDURES FOR ROOF AND RIB CONTROL. INSTRUCTION ON THE VENTILATION PLAN IN EFFECT AT THE MINE AND PROCEDURES FOR <u>MAINTAINING AND CONTROLLING VENTILATION.</u></b>	<b>LECTURE VISUAL AIDS</b>	<b>ROOF CONTROL &amp; VENTILATION PLAN COMPANY POLICY</b>	<b>DISCUSSION QUESTION &amp; ANSWER</b>
<b>HEALTH</b>	<b>INSTRUCT THE EMPLOYEES IN PURPOSE OF TAKING DUST AND NOISE MEASUREMENTS. REVIEW OF METHANE DUST CONTROL PLAN. Hazcom Program</b>	<b>LECTURE DEMONSTRATION</b>	<b>COMPANY POLICY TRAINING AIDS Regulations</b>	<b>DISCUSSION QUESTION &amp; ANSWER</b>

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**UNDERGROUND 48.8 ANNUAL REFRESHER TRAINING FOR MINERS WHO HAVE BEEN EMPLOYED 12 MONTHS OR MORE AT THIS MINE (CONTINUED)**

<b>SUBJECT</b>	<b>OBJECTIVES</b>	<b>TEACHING METHODS</b>	<b>COURSE MATERIALS</b>	<b>EVALUATION METHODS</b>
<b>ELECTRICAL HAZARDS</b>	<b>DESCRIBE THE IMPORTANCE OF RECOGNIZING AND AVOIDING ELECTRICAL HAZARDS. LOCK AND TAG-OUT PROCEDURES.</b>	<b>LECTURE DISCUSSION</b>	<b>AV AIDS COMPANY POLICIES</b>	<b>DESCUSSION QUESTION &amp; ANSWER</b>
<b>FIRST AID</b>	<b>INSTRUCT THE EMPLOYEES IN FIRST AID METHODS ACCEPTABLE TO MSHA</b>	<b>LECTURE DEMONSTRATI ON</b>	<b>VISUAL AIDS TRAINING MODELS MSHA Red Cross</b>	<b>DEMONSTRATION QUESTION &amp; ANSWER</b>
<b>MINE GASES</b>	<b>INSTRUCT THE EMPLOYEES IN DETECTION AND AVOIDANCE OF HAZARDS ASSOCIATED WITH MINE GASSES.</b>	<b>LECTURE DEMONSTRATI ON</b>	<b>COMPANY POLICY GAS DETECTORS Regulations</b>	<b>DEMONSTRATION QUESTION &amp; ANSWER</b>
<b>MANDATORY HEALTH AND SAFETY STANDARDS</b>	<b>MANDATORY HEALTH AND SAFETY STANDARDS PERTINENT TO THE ASSIGNED TASKS.</b>	<b>LECTURE</b>	<b>COMPANY POLICY Regulations</b>	<b>DISCUSSION QUESTION &amp; ANSWER</b>

**NOTE: TOTAL TIME IS 8 HOURS MINIMUM. INDIVIDUAL COURSE TIME APPROVAL IS NOT REQUIRED. WHILE EACH COURSE IN THE APPROVED PLAN MUST BE TAUGHT, OPERATOR'S HAVE THE FLEXIBILITY TO VARY THE TIME SPENT ON EACH SUBJECT AREA RELATIVE TO THE HEALTH AND SAFETY NEEDS OF THE MINE. CITATIONS/ORDERS, ACCIDENTS ARE EXAMPLES OF CRITERIA WHICH MAY BE USED TO TAILOR THE TRAINING TO THE SPECIFIC HEALTH AND SAFETY ISSUES AT THIS MINE.**

**I AM REQUESTING APPROVAL OF 8 TOTAL HOURS TRAINING FOR THIS ANNUAL REFRESHER PROGRAM.**

**THIS TRAINING MAY BE PROVIDED IN INCREMENTS OF 30 MINUTES OR MORE (SEE 48.8(D)).**

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**48.11 HAZARD TRAINING PROGRAM**

SUBJECT	OBJECTIVES	TEACHING METHODS	COURSE MATERIALS	EVALUATION METHODS
SELF-RESCUER AND RESPIRATORY DEVICE	Training will include instruction and demonstration in the use, care and maintenance of the rescue and respiratory devices used at the mine. Except for the miners that receive training under 75.1504 the training will include hands on training in the complete donning of all rescue devices used at the mine, which includes assuming the donning position, opening the device, activating the device, inserting the mouth, putting the nose clip on and transferring between all rescue devices used at the mine	LECTURE DEMONSTRATION HAND-ON TRAINING	SELF-RESCUE DEVICE SPECIFICATIONS. SELF-RESCUE TRAINING MODELS FOR ALL DEVICES USED.	DISCUSSION & DEMONSTRATION. TRAINEES WILL BE EVALUATED ON THEIR ABILITY TO EFFECTIVELY DON AND TRANSFER FROM ONE SELF-RESCUER DEVICE TO ANOTHER.
EMERGENCY & EVACUATION PROCEDURES	TO DEMONSTRATE AND DESCRIBE MINE MAP ESCAPEWAY SYSTEM, INSTRUCTION FOR ESCAPEWAYS AND EMERGENCY EVACUATION PLANS.	LECTURE DEMONSTRATION	COMPANY POLICY MINE MAPS	DISCUSSION QUESTION & ANSWER DEMONSTRATION
MANDATORY HEALTH & SAFETY STANDARDS, SAFETY RULES AND WORK PROCEDURES	HEALTH AND SAFETY STANDARDS PERTINENT TO THE ASSIGNED TASKS.	LECTURE	COMPANY POLICY	DISCUSSION QUESTION & ANSWER
HAZARD RECOGNITION AND AVOIDANCE	DESCRIBE THE IMPORTANCE OF RECOGNIZING AND AVOIDING HAZARDOUS CONDITIONS.	LECTURE	COMPANY POLICY	DISCUSSION QUESTION & ANSWER

**NOTE: NON-CERTIFIED PERSONS WHO ARE PROVIDED THIS TRAINING MUST BE ACCOMPANIED BY AN EXPERIENCED MINER AT ALL TIMES WHEN IN THE UNDERGROUND MINE. THIS TRAINING WILL REMAIN CURRENT FOR 12 MONTHS. ANY PERSON WHO RETURNS TO THE MINE 12 MONTHS OR MORE FROM THE DATE OF INITIAL TRAINING UNDER THIS PROGRAM MUST BE RETRAINED UNDER THE PROGRAM. INDIVIDUALS TRAINED WILL**

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RECEIVE INSTRUCTION ON SPECIFIC HAZARDS KNOWN TO EXIST IN THE AREA TO BE TRAVELED AND WHERE WORK WILL OCCUR.

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# Part 75 Training Program Optional Training Plan Format

Coal Underground Mines  
ID #

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**Certified and Qualified Training Program**

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**Section 75.161**

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**General Information**

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**1. Company and mine names**

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**MSHA ID #**

**Company Name**

**Address**

**Mine Name**

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**2. Person responsible for health and safety training at the mine**

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**Name**

**Position/Title**

**Phone Number**

**E-Mail**

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**3. Location(s) where training will be given**

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**Certified Persons**                      minesite/offsite

**Qualified Persons**                    minesite/offsite

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**Certified Persons**

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**Section 75.161(a)**

The following program is for training and retraining persons whose work assignments require they be certified.

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**Subjects**

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**1. First aid** [§ 75.1713-6(a) & 75.1713-6(b)]

Initial Training:                      10 hours



Refresher Training: 5 hours  
 Teaching Methods: audio/video, demonstration, discussion, lecture  
 Course Materials: applicable regulations, company, first aid supplies, MSHA, vendor/manufacture  
 Evaluation Methods: observation, oral feedback, written feedback

## 2. Principles of mine rescue [§ 75.161(a)]

Teaching Methods: audio/video, demonstration, discussion, lecture, site tour  
 Course Materials: applicable regulations, barricading, company, escape and emergency evacuation plans, escapeway system, firewarning signals and firefighting procedures, mine map, MSHA, training devices, vendor/manufacture  
 Evaluation Methods: observation, oral feedback, written feedback

## 3. Provisions of Part 75 [§ 75.161(a)]

Teaching Methods: audio/video, discussion, lecture, site tour  
 Course Materials: 1977 Mine Act, applicable regulations, company, company rules, MSHA  
 Evaluation Methods: oral feedback, written feedback

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## Qualified Persons

## Section 75.161(b)

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The following program is for training and retraining persons whose work assignments require they be qualified.

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## Subjects

### 1. Tasks performed as a qualified person [§ 75.161(b)]

Teaching Methods: audio/video, demonstration, discussion, lecture, site tour  
 Course Materials: applicable regulations, company, devices, MSHA, safe work procedures, vendor/manufacture  
 Evaluation Methods: observation, oral feedback, written feedback

### 2. Electrical [§ 75.153]

This training will utilize an electrical program approved by the Secretary of Labor in accordance with Section 75.153.

### 3. Hoisting [§ 75.155]

Not applicable

### 4. Explosives [§ 75.1301]

Not applicable

### 5. Liquefied and nonliquefied compressed gas [§ 75.1106-4]

Teaching Methods: audio/video, discussion, lecture  
 Course Materials: applicable regulations, company, MSHA, vendor/manufacture

Evaluation Methods: observation, oral feedback

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**Other Subjects**

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**SURFACE**

**48.25 TRAINING PROGRAM FOR NEW MINERS**

SUBJECT	OBJECTIVES	TEACHING METHODS	COURSE MATERIALS	EVALUATION METHODS
<b>STATUTORY RIGHTS OF MINERS, AUTHORITY AND RESPONSIBILITY OF SUPERVISORS IN REPORTING HAZARDS (SECTION 2 OF THE ACT)</b>	<b>INSTRUCT THE EMPLOYEES AND REVIEW THE LINE OF AUTHORITY AND RESPONSIBILITY OF SUPERVISORS AND MINERS' REPRESENTATIVES, SECTION 2 OF THE ACT, PROCEDURES FOR REPORTING HAZARDS, OPERATOR'S RULES.</b>	<b>LECTURE DISCUSSION</b>	<b>LAW-30 CFR &amp; STATE COMPANY RULES COMPANY POLICIES</b>	<b>DISCUSSION QUESTION &amp; ANSWER</b>
<b>SELF-RESCUER AND RESPIRATORY DEVICES</b>	<b>Training will include instruction and demonstration in the use, care and maintenance of the rescue and respiratory devices used at the mine. The training will include hands on training in the complete donning of all rescue devices used at the mine, which includes assuming the donning position, opening the device, activating the device, inserting the mouth, putting the nose clip on and transferring between all rescue devices used at the mine where applicable</b>	<b>LECTURE DEMONSTRATION Hands on</b>	<b>SELF-RESCUE DEVICE SPECIFICATIONS. SELF-RESCUE TRAINING MODELS FOR ALL DEVICES USED.</b>	<b>DISCUSSION QUESTION &amp; ANSWER DEMONSTRATION BY TRAINEE</b>
<b>TRANSPORTATION CONTROLS COMMUNICATION SYSTEMS</b>	<b>INSTRUCT THE EMPLOYEES IN THE PROCEDURES IN EFFECT FOR RIDING ON AND IN MINE CONVEYANCES WHERE APPLICABLE, THE CONTROLS FOR THE TRANSPORTATION OF MINERS AND MATERIALS, AND THE USE OF MINE COMMUNICATION SYSTEMS, WARNING SIGNALS, AND DIRECTIONAL SIGNS.</b>	<b>LECTURE DEMONSTRATION</b>	<b>COMPANY POLICY MINE MAPS</b>  RECEIVED EDUCATION TRAINING FEB 23 1987 MOUNT HOPE, WV MSHA	<b>DISCUSSION QUESTION &amp; ANSWER DEMONSTRATION</b>
<b>INTRODUCTION TO</b>	<b>TO CONDUCT MINE TOUR</b>	<b>TOUR</b>	<b>COMPANY</b>	<b>DISCUSSION</b>

<b>THE WORK ENVIRONMENT</b>	<b>DESCRIBING METHOD OF MINING.</b>	<b>DEMONSTRATION ON LECTURE</b>	<b>POLICY MINE MAPS</b>	<b>QUESTION &amp; ANSWER DEMONSTRATION</b>
<b>ESCAPE &amp; EMERGENCY EVACUATION FIREWARNING &amp; FIREFIGHTING</b>	<b>REVIEW OF THE MINE ESCAPE SYSTEM, AND ESCAPE &amp; EMERGENCY EVACUATION PLANS IN EFFECT AT SITE &amp; INSTRUCTION IN THE FIREWARNING SIGNALS &amp; FIREFIGHTING PROCEDURES.</b>	<b>LECTURE DEMONSTRATION</b>	<b>COMPANY POLICY MINE MAPS Emergency Plans</b>	<b>DISCUSSION QUESTION &amp; ANSWER DEMONSTRATION</b>
<b>GROUND CONTROL: WATER HAZARDS; SPOIL BANK; NIGHT WORK</b>	<b>INSTRUCTION ON HIGHWALL AND THE GROUND CONTROL PLAN. INSTRUCTION ON SAFETY AROUND WATER HAZARDS, SPOIL BANKS, AND PITS. ILLUMINATION AND SAFE WORK PROCEDURES DURING HOURS OF DARKNESS.</b>	<b>LECTURE VISUAL AIDS</b>	<b>GROUND CONTROL COMPANY POLICY</b>	<b>DISCUSSION QUESTION &amp; ANSWER</b>
<b>HEALTH</b>	<b>INSTRUCT THE EMPLOYEES IN PURPOSE OF TAKING DUST AND NOISE MEASUREMENTS. HEALTH PROVISIONS OF ACT AND WARNING LABELS EXPLAINED</b>	<b>LECTURE DEMONSTRATION</b>	<b>COMPANY POLICY TRAINING AIDS Regulations</b>	<b>DISCUSSION QUESTION &amp; ANSWER</b>
<b>HAZARD RECOGNITION</b>	<b>DESCRIBE THE IMPORTANCE OF RECOGNIZING AND AVOIDING HAZARDOUS CONDITIONS.</b>	<b>LECTURE Discussion</b>	<b>COMPANY POLICY</b>	<b>DISCUSSION QUESTION &amp; ANSWER</b>

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48.25 TRAINING PROGRAM FOR NEW MINERS (CONTINUED)

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<b>SUBJECT</b>	<b>OBJECTIVES</b>	<b>TEACHING METHODS</b>	<b>COURSE MATERIALS</b>	<b>EVALUATION METHODS</b>
<b>ELECTRICAL HAZARDS</b>	<b>DESCRIBE THE IMPORTANCE OF RECOGNIZING AND AVOIDING ELECTRICAL HAZARDS. LOCK AND TAG-OUT PROCEDURES.</b>	<b>LECTURE DISCUSSION</b>	<b>AV AIDS COMPANY POLICIES MSHA SM 9</b>	<b>DISCUSSION QUESTION &amp; ANSWER</b>

FIRST AID	INSTRUCT THE EMPLOYEES IN FIRST AID METHODS ACCEPTABLE TO MSHA.	LECTURE DEMONSTRATION	VISUAL AIDS TRAINING MODELS MSHA Red Cross First Responder	DEMONSTRATION QUESTION & ANSWER
EXPLOSIVES	TO INSTRUCT ON FEDERAL AND STATE LAW ON USE, TRANSPORTATION, HAZARDS AND STORAGE of EXPLOSIVES.	LECTURE	COMPANY POLICY LAW-30 CFR & STATE	DEMONSTRATION QUESTION & ANSWER
HEALTH AND SAFETY ASPECTS OF THE TASK	INSTRUCT THE EMPLOYEES IN HEALTH AND SAFETY ASPECT, MANDATORY STANDARDS PERTINENT TO SUCH TASKS, SAFE OPERATING PROCEDURES. <u>Hazcom Program</u>	LECTURE	COMPANY POLICY Task Outlines	DISCUSSION QUESTION & ANSWER

**NOTE:** EACH NEW INEXPERIENCED MINER AS DEFINED BY 48.22 [C] SHALL RECEIVE 24 TOTAL HOURS OF INSTRUCTION UNDER THIS PROGRAM, PLUS TASK TRAINING.

PART 18.25[A] PROVIDES THE OPERATOR THE FLEXIBILITY TO GIVE 8 HOURS OF INITIAL INSTRUCTION AND THE 16 HOURS REMAINING WITHIN THE NEXT 60 DAYS. THE FOLLOWING COURSES SHALL BE INCLUDED IN THE 8 HOURS OF TRAINING: INTRODUCTION TO WORK ENVIRONMENT, HAZARD RECOGNITION, HEALTH AND SAFETY ASPECTS OF THE TASKS TO WHICH THE NEW MINER WILL BE ASSIGNED.

MINERS WHO HAVE NOT RECEIVED THE FULL 24 HOURS SHALL BE REQUIRED TO WORK UNDER THE CLOSE SUPERVISION OF AN EXPERIENCED MINER. WE ARE REQUESTING APPROVAL TO TRAIN NEW MINERS IN THIS MANNER WITH THIS PROGRAM.

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48.26 TRAINING PROGRAM FOR NEW MINERS (EXPERIENCED)

SUBJECT	OBJECTIVES	TEACHING METHODS	COURSE MATERIALS	EVALUATION METHODS
<p><b>AUTHORITY AND RESPONSIBILITY OF SUPERVISORS AND MINERS' REPRESENTATIVES.</b></p>	<p><b>REVIEW &amp; DESCRIPTION OF THE LINE OF AUTHORITY OF SUPERVISORS &amp; MINERS' REPRESENTATIVES &amp; THE RESPONSIBILITY OF SUCH SUPERVISORS &amp; MINERS' REPRESENTATIVES &amp; AN INTRODUCTION TO THE OPERATOR'S RULES &amp; THE PROCEDURES FOR REPORTING HAZARDS.</b></p>	<p><b>LECTURE DISCUSSION</b></p>	<p><b>LAW -30 CFR &amp; STATE COMPANY RULES COMPANY POLICIES OT 2</b></p>	<p><b>DISCUSSION QUESTION &amp; ANSWER</b></p>
<p><b>TRANSPORTATION CONTROLS COMMUNICATION SYSTEMS</b></p>	<p><b>TO DEMONSTRATE AND DESCRIBE METHODS OF CHECKING IN AND OUT OF THE MINE. TO DEMONSTRATE MINE PHONE AND RADIO SYSTEMS. TO DEMONSTRATE PROPER METHODS OF RIDING MINE RUBBER TIRED AND TRACK MANTRIPS.</b></p>	<p><b>LECTURE DEMONSTRATI ON</b></p>	<p><b>COMPANY POLICY MINE MAPS</b></p>	<p><b>DISCUSSION QUESTION &amp; ANSWER DEMONSTRATION</b></p>
<p><b>INTRODUCTION TO THE WORK ENVIRONMENT</b></p>	<p><b>TO CONDUCT MINE TOUR DESCRIBING METHOD OF MINING.</b></p>	<p><b>TOUR DEMONSTRATI ON LECTURE</b></p>	<p><b>COMPANY POLICY MINE MAPS</b></p>	<p><b>DISCUSSION QUESTION &amp; ANSWER DEMONSTRATION</b></p>
<p><b>ESCAPE &amp; EMERGENCY EVACUATION FIRE-WARNING &amp; FIREFIGHTING</b></p>	<p><b>INSTRUCTION IN FIRE-WARNING SIGNALS AND FIRE FIGHTING PROCEDURES, REVIEW OF MINE ESCAPE SYSTEM AND ESCAPE AND EMERGENCY EVACUATION PLAN.</b></p>	<p><b>LECTURE DEMONSTRATI ON</b></p>	<p><b>COMPANY POLICY MINE MAPS Emergency Evacuation Plans</b></p>	<p><b>DISCUSSION QUESTION &amp; ANSWER DEMONSTRATION</b></p>
<p><b>GROUND CONTROL;</b></p>	<p><b>INSTRUCTION ON HIGHWALL AND</b></p>	<p><b>LECTURE</b></p>	<p><b>GROUND</b></p>	<p><b>DISCUSSION</b></p>

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<b>WATER HAZARDS; SPOIL BANK; NIGHT WORK</b>	<b>THE GROUND CONTROL PLAN. INSTRUCTION ON SAFETY AROUND WATER HAZARDS, SPOIL BANKS AND PITS. ILLUMINATION AND WORK PROCEDURES DURING HOURS OF DARKNESS.</b>	<b>VISUAL AIDS</b>	<b>CONTROL COMPANY POLICY</b>	<b>QUESTION &amp; ANSWER</b>
<b>MANDATORY HEALTH &amp; SAFETY STANDARDS</b>	<b>HEALTH AND SAFETY STANDARDS PERTINENT TO THE ASSIGNED TASKS.</b>	<b>LECTURE Discussion</b>	<b>COMPANY POLICY State and Federal Regulations</b>	<b>DISCUSSION QUESTION &amp; ANSWER</b>
<b>HAZARD RECOGNITION</b>	<b>DESCRIBE THE IMPORTANCE OF RECOGNIZING AND AVOIDING HAZARDOUS CONDITIONS. Hazcom Program</b>	<b>LECTURE Discussion</b>	<b>COMPANY POLICY</b>	<b>DISCUSSION QUESTION &amp; ANSWER</b>

<b>SELF-RESCUER AND RESPIRATORY DEVICES</b>	<b>Training will include instruction and demonstration in the use, care and maintenance of the rescue and respiratory devices used at the mine. Hands on training in the complete donning of all rescue devices used at the mine, which includes assuming the donning position, opening the device, activating the device, inserting the mouth, putting the nose clip on and transferring between all rescue devices used at the mine where applicable</b>	<b>LECTURE DEMONSTRATI ON Hands On</b>	<b>SELF-RESCUE DEVICE SPECIFICATIO NS. SELF- RESCUE TRAINING MODELS FOR ALL DEVICES USED.</b>	<b>DISCUSSION QUESTION &amp; ANSWER DEMONSTRATION OF DONING BY TRAINEE</b>
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**UNDERGROUND  
CONTINUED**

**48.26 TRAINING PROGRAM FOR NEW MINERS (EXPERIENCED)**

SUBJECT	OBJECTIVES	TEACHING METHOD	COURSE MATERIALS	EVALUATION METHODS
<b>EMERGENCY MEDICAL PROCEDURES</b>	<b>COMPANY MINE LOCATING MEDICAL SUPPLIES AND EMERGENCY COMMUNICATION SYSTEMS</b>	<b>LECTURE DISCUSSION AUDIO/VIDEO</b>	<b>VISUAL AIDS COMPANY POLICY MINE MAPS Emergency Communication Procedures</b>	<b>DISCUSSION QUESTION &amp; ANSWER</b>
<b>PREVENTION OF ACCIDENTS</b>	<b>MSHA TRAINING MODULES, COMPANY SAFETY RULES, AND ACCIDENT REPORTS.</b>	<b>LECTURE DEMONSTRATION AUDIO/VIDEO</b>	<b>Accident Reports COMPANY POLICY</b>	<b>DISCUSSION QUESTION &amp; ANSWER DEMONSTRATION</b>
<b>HEALTH AND SAFETY ASPECTS OF THE TASKS TO WHICH THE EXPERIENCED MINER IS ASSIGNED</b>	<b>MSHA TRAINING MODULES, APPLICABLE EQUIPMENT/TOOLS, AND TASK TRAINING OUTLINE FOR JOB</b>	<b>LECTURE DEMONSTRATION VISUAL AIDS</b>	<b>COMPANY POLICY VISUAL AIDS</b>	<b>DISCUSSION QUESTION &amp; ANSWER DEMONSTRATION</b>
<b>HEALTH</b>	<b>MSHA TRAINING MODULES, NOISE METERS, DUST PUMPS, WARNING LABELS, MSDS, HEALTH PLANS IN EFFECT AT THE MINE, AND PERSONAL PROTECTIVE EQUIPMENT.</b>	<b>LECTURE VISUAL AIDS AUDIO/VIDEO</b>	<b>COMPANY POLICY Regulations</b>	<b>DISCUSSION QUESTION &amp; ANSWER DEMONSTRATION</b>

**Note: Training will last a minimum of 8 hours for miners returning mining after an absence of 5 years.**

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**SURFACE**

**48.27. TASK TRAINING PROGRAM**

TASK/JOB TITLE	METHODS AND MATERIALS	CONDUCTED BY	PRACTICE PERIOD	EVALUATION METHODS
MOBILE EQUIPMENT OPERATORS	INSTRUCTION IN EACH OPERATION OF HIS TASK. INSTRUCTION IN HAZARDS OF HIS JOB. COMPANY TASK TRAINING GUIDELINES. Hazcom Program	EXPERIENCED QUALIFIED WORKER OR SUPERVISOR	COMMENSURATE WITH EMPLOYEES' ABILITY	OBSERVATION OF SAFE OPERATION PROCEDURES
NON-MOBILE EQUIPMENT OPERATORS	INSTRUCTION IN EACH OPERATION OF HIS TASK. INSTRUCTION IN HAZARDS OF HIS JOB. COMPANY TASK TRAINING GUIDELINES.	EXPERIENCED QUALIFIED WORKER OR SUPERVISOR	COMMENSURATE WITH EMPLOYEES' ABILITY	OBSERVATION OF SAFE WORKING PROCEDURES

**NOTE: A QUALIFIED TRAINER WILL GIVE TRAINING OR OTHER PERSON EXPERIENCED IN THE TASK. A TASK LIST WILL BE COMPLETED. OBSERVATION PROCEDURES WILL BE USED TO EVALUATE THE EFFECTIVENESS OF THE TRAINING. TRAINING PROCEDURES ARE AVAILABLE AT MINE SITE FOR INSPECTION. INSTRUCTION WILL BE GIVEN IN THE HEALTH AND SAFETY ASPECTS AND THE SAFE OPERATING PROCEDURES OF THE TASK. TRAINING WILL BE GIVEN IN AN ON-THE-JOB ENVIRONMENT AND SUPERVISED PRACTICE DURING NON-PRODUCTION OR DIRECT AND IMMEDIATE SUPERVISION DURING PRODUCTION. PERSONNEL ASSIGNED A NEW TASK NOT INCLUDED ABOVE WILL RECEIVE INSTRUCTION IN THE SAFETY AND HEALTH ASPECTS AND SAFE WORK PRACTICES OF THE TASK.**

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**SURFACE 48.28 ANNUAL REFRESHER TRAINING FOR MINERS WHO HAVE BEEN EMPLOYED 12 MONTHS OR MORE AT THIS MINE**

SUBJECT	OBJECTIVES	TEACHING METHODS	COURSE MATERIALS	EVALUATION METHODS
ESCAPE AND EMERGENCY EVACUATION FIREWARNING AND FIREFIGHTING	REVIEW OF THE MINE ESCAPE SYSTEM, ESCAPE & EMERGENCY EVACUATION PLANS IN EFFECT AT THE MINE & INSTRUCTION IN THE FIREWARNING SIGNALS & FIREFIGHTING PROCEDURES.	LECTURE DISCUSSION	MAPS & PLANS COMPANY POLICIES	DISCUSSION QUESTION & ANSWER
SELF-RESCUER AND RESPIRATORY DEVICES	Training will include instruction and demonstration in the use, care and maintenance of the rescue and respiratory devices used at the mine. Hands on training in the complete donning of all rescue devices used at the mine, which includes assuming the donning position, opening the device, activating the device, inserting the mouth, putting the nose clip on and transferring between all rescue devices used at the mine where applicable	LECTURE DEMONSTRATION Hands On	SELF-RESCUE DEVICE SPECIFICATIONS. SELF-RESCUE TRAINING MODELS FOR ALL DEVICES USED.	DISCUSSION QUESTION & ANSWER DEMONSTRATION OF DONING BY TRAINEE
TRANSPORTATION CONTROLS COMMUNICATION SYSTEMS	TO DEMONSTRATE AND DESCRIBE METHODS OF CHECKING IN AND OUT OF THE MINE. TO DEMONSTRATE MINE PHONE AND RADIO SYSTEMS. TO DEMONSTRATE PROPER METHODS OF RIDING MINE RUBBER TIRED AND TRACK MANTRIPS. TRANSPORTATION OF MINERS AND EQUIPMENT.	LECTURE DEMONSTRATION	COMPANY POLICY MINE MAPS  RECEIVED EDUCATION AND TRAINING MAY 2007 MOUNT HOPE, WV	DISCUSSION QUESTION & ANSWER DEMONSTRATION
EXPLOSIVES	REVIEW AND INSTRUCTION ON THE HAZARDS RELATED TO EXPLOSIVES. THE ONLY EXCEPTION TO THIS COURSE	LECTURE	COMPANY POLICY LAW - CFR & STATE	DISCUSSION QUESTION & ANSWER

	COMPONENT IS WHEN THERE ARE NO EXPLOSIVES USED OR STORED ON THE MINE PROPERTY.			
PREVENTION OF ACCIDENTS	REVIEW OF ACCIDENTS & CAUSES OF ACCIDENTS & INSTRUCTION IN ACCIDENT PREVENTION IN THE WORK ENVIRONMENT.	LECTURE	COMPANY POLICY Accident Reports	DISCUSSION QUESTION & ANSWER
GROUND CONTROL, WATER HAZARDS, SPOIL BANK, NIGHT WORK	INSTRUCTION ON HIGHWALL AND THE GROUND CONTROL PLAN. INSTRUCTION ON SAFETY AROUND WATER HAZARDS, SPOIL BANKS AND PITS. ILLUMINATION AND WORK PROCEDURES DURING HOURS OF DARKNESS.	LECTURE VISUAL AIDS	GROUND CONTROL COMPANY POLICY	DISCUSSION QUESTION & ANSWER
HEALTH	INSTRUCTION ON THE PURPOSE OF TAKING DUST AND NOISE AND OTHER HEALTH MEASUREMENTS. Hazcom Program and ANY HEALTH CONTROL PLAN IN EFFECT AT THE MINE SHALL BE EXPLAINED. THE HEALTH PROVISIONS OF THE ACT AND WARNING LABELS SHALL ALSO BE EXPLAINED.	LECTURE DEMONSTRATION	COMPANY POLICY TRAINING AIDS HEALTH CONTROL PLAN MSDS Sheets	DISCUSSION QUESTION & ANSWER

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**SURFACE 48.28 ANNUAL REFRESHER TRAINING FOR MINERS WHO HAVE BEEN EMPLOYED 12 MONTHS OR MORE AT THIS MINE (CONTINUED)**

<b>SUBJECT</b>	<b>OBJECTIVES</b>	<b>TEACHING METHODS</b>	<b>COURSE MATERIALS</b>	<b>EVALUATION METHODS</b>
<b>ELECTRICAL HAZARDS</b>	<b>RECOGNITION AND AVOIDANCE OF ELECTRICAL HAZARDS. LOCK AND TAG-OUT PROCEDURES.</b>	<b>LECTURE DISCUSSION</b>	<b>SM 9 COMPANY POLICIES</b>	<b>DISCUSSION QUESTION &amp; ANSWER</b>
<b>FIRST AID</b>	<b>INSTRUCT THE EMPLOYEES IN FIRST AID METHODS ACCEPTABLE TO MSHA</b>	<b>LECTURE DEMONSTRATI ON</b>	<b>MSHA Red Cross First Responder</b>	<b>DEMONSTRATION QUESTION &amp; ANSWER</b>
<b>MANDATORY HEALTH AND SAFETY STANDARDS</b>	<b>INSTRUCT THE EMPLOYEES IN MANDATORY HEALTH AND SAFETY STANDARD REQUIREMENTS WHICH ARE RELATED TO THE MINER'S TASKS</b>	<b>LECTURE</b>	<b>COMPANY POLICY State and Federal Regulations</b>	<b>DISCUSSION QUESTION &amp; ANSWER</b>

**NOTE: TOTAL TIME IS 8 HOURS MINIMUM. INDIVIDUAL COURSE TIME APPROVAL IS NOT REQUIRED. WHILE EACH COURSE IN THE APPROVED PLAN MUST BE TAUGHT, OPERATORS HAVE THE FLEXIBILITY TO VARY THE TIME SPENT ON EACH SUBJECT AREA RELATIVE TO THE HEALTH AND SAFETY NEEDS OF THE MINE. CITATIONS/ORDERS, ACCIDENTS ARE EXAMPLES OF CRITERIA WHICH MAY BE USED TO TAILOR THE TRAINING TO THE SPECIFIC HEALTH AND SAFETY ISSUES AT THIS MINE. INDIVIDUALS TRAINED WILL RECEIVE INSTRUCTION ON SPECIFIC HAZARDS KNOWN TO EXIST IN THE AREA TO BE TRAVELED AND WHERE WORK WILL OCCUR.**

**I AM REQUESTING APPROVAL OF 8 TOTAL HOURS TRAINING FOR THIS ANNUAL REFRESHER PROGRAM.**

**THIS TRAINING MAY BE PROVIDED IN INCREMENTS OF 30 MINUTES OR MORE (SEE 48.28(D)).**

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**48.31 HAZARD TRAINING PROGRAM**

<b>SUBJECT</b>	<b>OBJECTIVES</b>	<b>TEACHING METHODS</b>	<b>COURSE MATERIALS</b>	<b>EVALUATION METHODS</b>
<b>SELF-RESCUER AND RESPIRATORY DEVICES</b>	Training will include instruction and demonstration in the use, care and maintenance of the rescue and respiratory devices used at the mine. Hands on training in the complete donning of all rescue devices used at the mine, which includes assuming the donning position, opening the device, activating the device, inserting the mouth, putting the nose clip on and transferring between all rescue devices used at the mine where applicable	<b>LECTURE DEMONSTRATI ON Hands On Training</b>	<b>SELF-RESCUE DEVICE SPECIFICATIO NS. SELF- RESCUE TRAINING MODELS FOR ALL DEVICES USED.</b>	<b>DISCUSSION QUESTION &amp; ANSWER DEMONSTRATION OF DONING BY TRAINEE</b>
<b>EMERGENCY &amp; EVACUATION PROCEDURES</b>	<b>TO DEMONSTRATE AND DESCRIBE MINE MAP ESCAPEWAY SYSTEM. INSTRUCTION FOR ESCAPEWAYS AND EMERGENCY EVACUATION PLANS.</b>	<b>LECTURE DEMONSTRATI ON</b>	<b>COMPANY POLICY MINE MAPS</b>	<b>DISCUSSION QUESTION &amp; ANSWER DEMONSTRATION</b>
<b>MANDATORY HEALTH &amp; SAFETY STANDARDS; SAFETY RULES AND WORK PROCEDURES</b>	<b>HEALTH AND SAFETY STANDARDS PERTINENT TO THE ASSIGNED TASKS.</b>	<b>LECTURE</b>	<b>COMPANY POLICY</b>	<b>DISCUSSION QUESTION &amp; ANSWER</b>
<b>HAZARD RECOGNITION AND AVOIDANCE</b>	<b>DESCRIBE THE IMPORTANCE OF RECOGNIZING AND AVOIDING HAZARDOUS CONDITIONS.</b>	<b>LECTURE</b>	<b>COMPANY POLICY</b>	<b>DISCUSSION QUESTION &amp; ANSWER</b>

**NOTE: ALL TRAINING UNDER THIS HAZARD TRAINING PROGRAM SHALL INCLUDE INSTRUCTION WHICH IS APPLICABLE TO THE DUTIES OF SUCH MINERS . THIS TRAINING WILL REMAIN CURRENT FOR 12 MONTHS. ANY PERSON WHO RETURNS TO THE MINE 12 MONTHS OR MORE FROM THE DATE OF INITIAL TRAINING UNDER THIS PROGRAM MUST BE RETRAINED UNDER THE PROGRAM. INDIVIDUALS TRAINED WILL RECEIVE**

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**INSTRUCTION ON SPECIFIC HAZARDS KNOWN TO EXIST IN THE AREA TO BE TRAVELED AND WHERE WORK WILL OCCUR.**

**THIS TRAINING MAY BE GIVEN IN LIEU OF 48.26 TRAINING WHEN CONTRACT PERSONS ARE ON THIS MINE'S PROPERTY 4 CONSECUTIVE DAYS OR LESS.**

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# Part 77 Training Program

Coal Surface Mine  
ID #

Certified and Qualified Training Program

Section 77.107-1

## General Information

### 1. Company and mine names

MSHA ID #

Company Name

Address

Mine Name

### 2. Person responsible for health and safety training at the mine

Name

Position/Title

Phone Number

E-Mail

### 3. Location(s) where training will be given

Certified Persons	minesite/offsite
Qualified Persons	minesite/offsite

## Certified Persons

Section 77.107-1(a)

The following program is for training and retraining persons whose work assignments require they be certified.

## Subjects

### 1. Tasks and duties performed as a certified person [§ 77.107-1(a)]

Teaching Methods: audio/video, demonstration, discussion, lecture  
 Course Materials: applicable regulations, company, devices, MSHA, safe work procedures, vendor/manufacturer  
 Evaluation Methods: observation, oral feedback, written feedback

### 2. First aid [§ 77.1706(a) & 77.1706(b)]

Initial Training: 10 hours  
 Refresher Training: 5 hours  
 Teaching Methods: audio/video, demonstration, discussion, lecture  
 Course Materials: applicable regulations, company, first aid supplies, MSHA  
 Evaluation Methods: observation, oral feedback, written feedback

**3. Provisions of Part 77 [§ 77.107-1(a)]**

Teaching Methods: audio/video, discussion, lecture  
 Course Materials: 1977 Mine Act, applicable regulations, company, company rules, MSHA  
 Evaluation Methods: oral feedback

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**Qualified Persons**

**Section 77.107-1(b)**

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The following program is for training and retraining persons whose work assignments require they be qualified.

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**Subjects**

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**1. Tasks performed as a qualified person [§ 77.107-1(b)]**

Teaching Methods: audio/video, demonstration, discussion, lecture, site tour  
 Course Materials: applicable regulations, company, devices, MSHA, safe work procedures, vendor/manufacturer  
 Evaluation Methods: observation, oral feedback, written feedback

**2. Electrical [§ 77.103]**

This training will utilize an electrical program approved by the Secretary of Labor in accordance with Section 77.103.

**3. Hoisting [§ 77.105]**

Not applicable

**4. Refuse/Impoundment inspection [§ 77.216-3]**

Teaching Methods: audio/video, demonstration, discussion, lecture, site tour  
 Course Materials: applicable regulations, company, MSHA  
 Evaluation Methods: MSHA exam, observation, oral feedback, written feedback

**5. Methane and oxygen deficiency testing [§ 77.104]**

Teaching Methods: audio/video, demonstration, discussion, lecture  
 Course Materials: applicable regulations, company, gas measuring devices, MSHA, vendor/manufacturer  
 Evaluation Methods: observation, oral feedback, written feedback

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**Other Subjects**





## **PERFORMANCE SAFETY DEPARTMENT**

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To: [REDACTED]

MSHA  
District Four  
100 Bluestone Road  
Mount Hope, WV 25880

From: Mike Vaught  
Safety Director

Mr. White,  
Please find enclosed the revised Part 48 Training Plans for the following Mine Sites:

Upper Big Branch Mine-South (MSHA ID# 46-08436)  
Shumate Powellton Mine (MSHA ID# 4608492)  
Marsh Fork Eagle Mine (MSHA ID# 46-08913)  
Tunnel Mine (MSHA ID# 46-08655)

These training plans have been revised to comply with the requirements of the Final Rule. If you should have any questions or comments please contact Performance Coal Safety at (304) 854-1761.

Thank you,  
Mike Vaught  
Safety Director

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<b>City</b>	<b>State</b>	<b>Zip Code</b>
Naoma	WV	25140 -
<b>E-mail Address</b>		

**All Health & Safety 10**

**10. Person with Overall responsibility for a Health and Safety Program at ALL of the Operator's Mines, if the Operator is Not Directly Involved in the Daily Operation of the Mine:**

<b>Last Name</b>		
Vaught		
<b>First Name</b>		<b>MI</b>
Michael		A
<b>Title</b>		
Safety Director		
<b>Street Address</b>	<b>OR</b>	<b>P.O. Box</b>
		69
<b>City</b>	<b>State</b>	<b>Zip Code</b>
Naoma	WV	25140 -
<b>E-mail Address</b>		

**Address of Record 11**

**11. Address of Records and Telephone Number:**

<b>Last Name</b>		
Blanchard		
<b>First Name</b>		<b>MI</b>
Chris		
<b>Title</b>		
President		
<b>Street Address</b>		
130 Frontier Street		
<b>City</b>	<b>State</b>	<b>Zip Code</b>
Montcoal	WV	25135 -
<b>Foreign Country</b>	<b>Foreign State</b>	<b>Foreign Zip Code</b>
USA		
<b>P.O. Box Address</b>		
69		
<b>City</b>	<b>State</b>	<b>Zip Code</b>
Naoma	WV	25140 -
<b>Area Code</b>	<b>Telephone Number</b>	<b>Extension</b>
304	854 - 1852	
<b>E-mail Address</b>		
Chris.Blanchard@masseyenergyco.com		

**Ownership Information**

<b>12. This Official Business is a:</b>	Corporation
<b>13. If Business is listed as Other, what is the type of Organization?</b>	Type of Organization: Joint Venture, County Government, Limited Liability Company, etc.

**14. Employer Identification Number or Tax Identification Number for this Business:**

SSN for Individuals:

\*\*\* - \*\* - \*\*\*\*

EIN for Entities:

\*\* - \*\*\*\*\*

**15. The Individual(s) with ownership interest in this Business or Corporate Officers/Directors are:**

	Name	Address
1	Roger Nicholson Vice President	130 Frontier Street Whitesville WV 25209
2	Barkley Sturgil Secretary	130 Frontier Street Whitesville WV 25209
3	Darrin Butcher CFO	130 Frontier Street Whitesville WV 25209
4	Chris Blanchard President	PO Box 69 Naoma WV 25140 USA

**16. If Business is listed as Other, what are the names of Principal Organization Officials or Members?**

Name	Address
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**Corporation Information 17**

**17. If Business is a Corporation, please answer the following:**

a. State of Incorporation:	WV	b. Is this Corporation a subsidiary?	Y
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**c. If yes, what is the name and address of your Parent Corporation?**

Name (or entity name if owner is a business)

Massey Energy

Street Address OR P.O. Box  
26765

City State Zip Code  
Richmond VA 23226

Foreign Country Foreign State Foreign Zip Code  
USA

d. Employer Identification Number for this Business (EIN):	** - *****
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**Contact Information**

**Name and Title of Official Completing Form**

Last Name Fernet t  
 First Name Greg  
 Middle Initial  
 Date Form Completed 03/12/2007